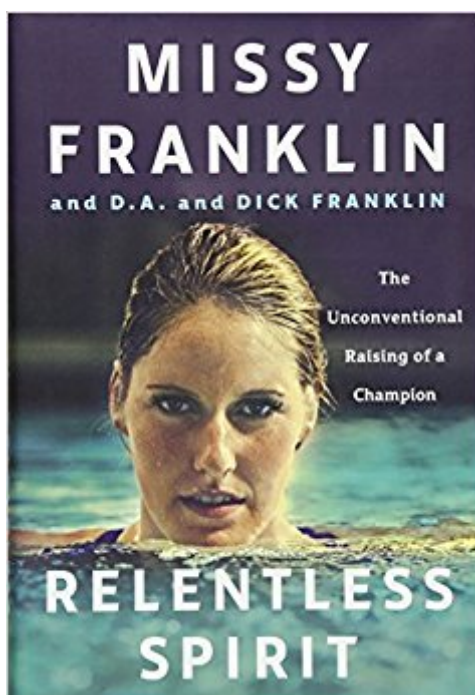


The book was found

Relentless Spirit: The Unconventional Raising Of A Champion



Synopsis

What does it take to become a champion? Gold medalist Missy Franklin, along with her parents, D.A. and Dick, tell the inspirational and heartwarming story of how Missy became both a legendary athlete and a happy and confident woman, something they accomplished by doing things their own way and making the right choices for their family. **Relentless** has many meanings for swimmer Missy Franklin. In the pool, it reminds her to remain steady and persistent, unyielding in intensity and strength. In life, it tells her to reach down for her very best, even when it feels like there's nothing left. The motto "don't quit" doesn't do it for Missy, but relentless gets her where she needs to be. And when Missy faces a challenge or a setback, her relentless spirit is what empowers her to learn, adapt, and move forward into the future. In *Relentless Spirit*, Missy and her parents, D.A. and Dick Franklin, share the story of how Missy became the athlete she is today, a six-time Olympic medalist, five of them gold. Since her Olympic debut in London's 2012 games when Missy was just seventeen, people who have met the Franklins or seen them on TV have wondered what it was like to raise such a champion. What was the training like? How did Missy handle school? How did the family find the right facilities, coaches, and support network? The story that Missy, and her parents, share inside is both inspiring and heartwarming, explaining how she became both a legendary athlete and a happy and confident woman, something they accomplished by doing things their own way and making the right choices for their family, which includes Missy's faith journey, something she writes about with inspirational candor. Including the highs, the tough moments, and everything in-between, *Relentless Spirit* tells the story of a woman and a family full of love, heart, faith, and resilience.

Book Information

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& Dieting > Exercise & Fitness > Swimming #52 in [Books > Sports & Outdoors > Miscellaneous > Olympic Games](#) #463 in [Books > Sports & Outdoors > Water Sports](#)

Customer Reviews

Praise for *Relentless Spirit*: "A consistently sunny, family-oriented story of persistence and achievement." [Kirkus Reviews](#) "Conversational and sincere." [Bustle](#)

Melissa "Missy" Franklin is a competitive swimmer and five-time Olympic Gold medalist. Among her numerous distinctions, she holds the world record for the 200-meter backstroke. Missy's parents, Dick and D.A. Franklin, are originally from Canada. The family currently lives in Colorado and Missy attends UC Berkeley, where she is studying psychology with a minor in education.

I finished the book "Relentless Spirit" on the plane back from Florida yesterday and want to tell you how much I loved it and admired it. While I was reading it felt like they were talking instead of me reading. It was such a real and interesting story not only of their lives but of the struggles we all go thru in our lives. I could totally relate to the successes and the failures they have experienced and those that have happened to my family in my 71 years on this earth. I was especially moved by Missy's conversation with the Oncology Doc on the plane from Rio and his ability to put failures in perspective and their family's pursuit of doing their best at whatever they do. Great book. Eddie

Missy is a very engaging and entertaining writer and it was fascinating to read her story. As a swim coach in Colorado, I am always seeking to inspire my kids and reading the true stories of athletes like Missy can help to better understand how to help empower my swimmers to success. We have met Missy at swim meets around the state and she is just as gracious in person as she seems in the pages of this book! This is a great read!

I have enjoyed reading this book by Missy Franklin. As she writes, you can feel her enthusiasm for life and her kindness in heart to those that know her. It's an inspiration story for such a great swimmer. As someone living in Colorado Springs, I have watched her for many years.

THE BOOK IS SO MISSY! NOT YOUR TYPICAL SPORTS BIO. AN ESSENTIAL NOT ONLY FOR ,MISSY FANS LIKE MYSELF BUT FOR ANY PARENT INTERESTED IN RAISING A CHILD THE RIGHT WAY! KUDOS TO THE ENTIRE FRANKLIN CLAN !

Uplifting and inspiring story with good lessons for life both in and out of the pool. Hope you enjoy it.

Swimming grand daughter loves the book.

What a Fantastic journey with a REAL Role model. Missy's story is a wonderful example of strength, faith, and family. This book should be a great reminder that it is not about the results, but about the journey. Look out Tokyo!

My daughter loves it. Very inspirational.

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